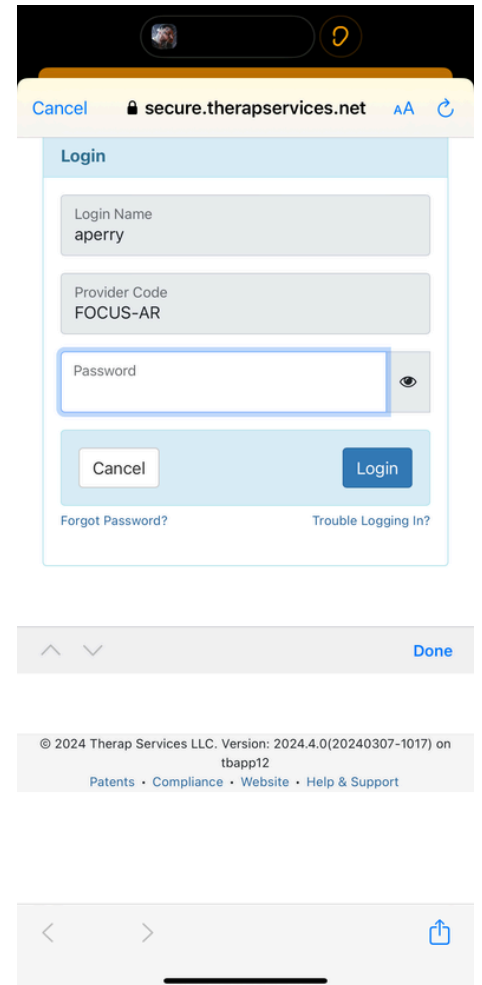
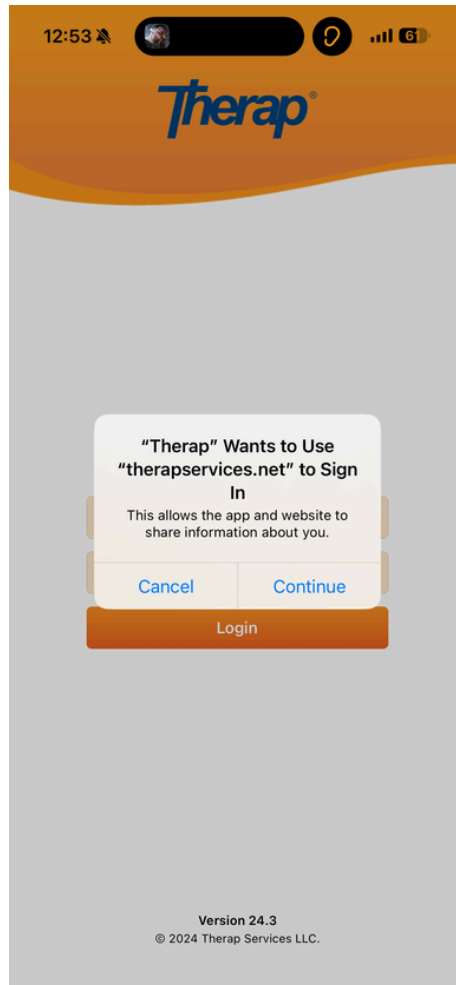
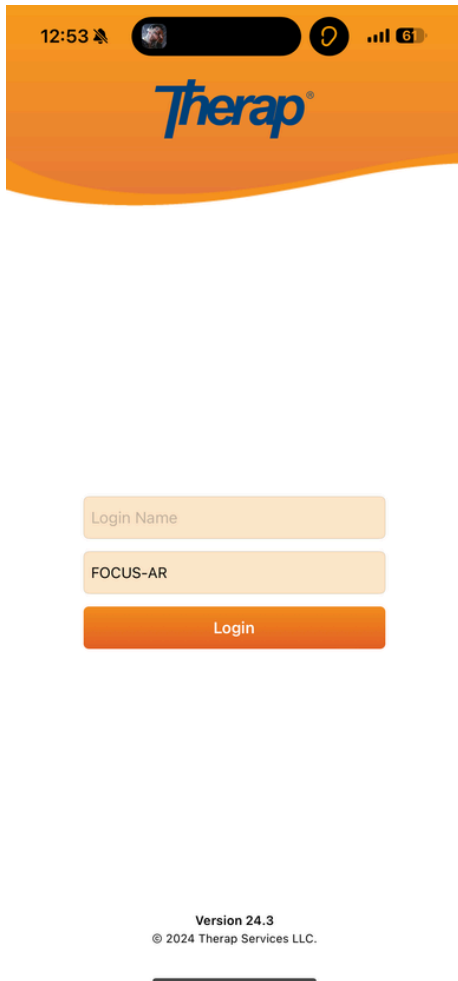


# Password Reset and Login Help



## Therap



To log in to Therap, it is a 3 step process.

1. Enter your username and provider code. Our Provider Code is FOCUS-AR (all caps).
2. Once you have entered those fields and click "login", you will see the next screen that you will click "continue" in order to put in your password.
3. Enter your password and click on "Login"

*\*\*\*Your login name is given to you at new hire orientation. It is generally your first initial and last name all lower case. In certain circumstances, it may be a different variation if we already have the same combination assigned to someone else. If this is the case, be sure you have it written down somewhere.\*\*\**

In the event you get locked out, contact administration for assistance with resetting your password.